

ADULT WEEKLY CLASS SCHEDULE

Updated April 2021

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MONDAY

15:30 - 16:30	Theatre History	Tara Macpherson
16:45 - 17:45	Open Choreography	Jillian Jooste
16:45 - 17:45	Beginner Drama	Tara Macpherson
18:00 - 19:00	Open Ballet	Jillian Jooste
18:00 - 19:00	LTCL Preparation	Tara Macpherson
19:15 - 20:15	Contemporary	Jillian Jooste

THURSDAY

9:00 - 10:00	Open Ballet	Jillian Jooste
10:15 - 11:15	Contemporary	Jillian Jooste
15:30 - 16:30	Body Conditioning	Nadine Suliaman
16:45 - 17:45	Intermediate Open Choreography	Nadine Suliaman
16:45 - 17:45	Beginner Broadway Jazz	Amber Morgan
18:00 - 19:00	Beginner Open Choreography	Nadine Suliaman
18:00 - 19:00	Intermediate Broadway Jazz	Amber Morgan
19:15 - 20:15	Hip Hop	Nadine Suliaman
19:15 - 20:15	Advanced Broadway Jazz	Amber Morgan

TUESDAY

9:00 - 10:00	Body Conditioning	Jillian Jooste
10:15 - 11:15	Open Ballet	Jillian Jooste
15:30 - 16:30	Dance Stretch & Conditioning	Amber Morgan
16:45 - 17:45	Open Choreography	Jillian Jooste
16:45 - 17:45	Beginner Tap	Amber Morgan
18:00 - 19:00	Intermediate Tap	Amber Morgan
18:00 - 19:00	Open Drama	Ilona Frege
19:15 - 20:15	Advanced Tap	Amber Morgan
19:15 - 20:15	Physical Theatre & Performance	Ilona Frege

FRIDAY

07:45 - 08:45	Yoga	Ilona Frege
9:00 - 10:00	Open Tap	Amber Morgan
10:15 - 11:15	Dance Stretch & Conditioning	Amber Morgan

WEDNESDAY

9:00 - 10:00	Open Broadway Jazz	Amber Morgan
10:15 - 11:15	Classical Tap	Amber Morgan
15:30 - 16:30	Beginner Drama	Tara Macpherson
16:45 - 17:45	Open Ballet	Jillian Jooste
16:45 - 17:45	Page to Stage	Tara Macpherson
18:00 - 19:00	Cabaret	Jillian Jooste
18:00 - 19:00	Musical Theatre	Byron Bure
19:15 - 20:15	Jazz Technique	Jillian Jooste

BOOK WITH YOUR INSTRUCTORS

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